

THREE DAYS WORKSHOP ON MEDITATION
AND LIFE SKILL PROGRAM FOR STUDENTS

NOTICE

Date:
4/10/19

It is to inform all students/
faculty members that by Heartful
Campus offerings, - Heartfulness Meditations
and Life-skill programs for students/
faculty is going to be held from
10th to 12th Oct. 2019 at 10:00 - 11:00 AM

Interested students/faculty members,
kindly give your names to ~~the~~
Dr. Arshi Rastogi or Dr. Vandita Srivastava
by 8/10/2019.

Arshi
4/10/19.

Vandita
04/10/19

[Dr. Arshi Rastogi] [Dr. Vandita Srivastava]
IOAC Coordinator. Principal
&
Coordinator workshop

About this Program

- 1) It is a simple and effective approach to meditation suited to the present times - Participation in this program does not require any prior exposure to meditation nor does it require subscription to any belief system or philosophy and is entirely free of cost.
- It offers simple and secular practices of relaxation, meditation, rejuvenation and life-skills.

NOTICE

**Three Days Workshop On Meditation and Life Skill
Programme**

This is to inform all students and faculty members that the

Heartfulness meditation and life-skills program

Is being organized by IQAC of the college

from 10th to 12th Oct. 2019, in Seminar room from

9 am to 10 am

By Heartfulness U Connect Team, Roorkee

Interested Students /Faculty members are required to enroll themselves (free of cost) by giving names to Dr Arshi Rastogi or

Dr Vandita Srivastava latest by 2:00 pm on 8th Oct. 2019.


[Dr. Arshi rastogi]

Coordinator IQAC 2019-2020

Day 1 (10th Oct, 2019)
Date:

S.N.	Name	class	Signature
1.	Anu Singh	B.Sc. I sem	Anu Singh
2.	Kamini	BSC " "	Kamini
3.	Naziya	B.Sc III rd year	Naziya
4.	Najma	"	Najma
5.	Nagma Ansari	"	Nagma
6.	Shweta	B.Sc I year (I sem)	Shweta
7.	Himanshi Chaudhary	"	Himanshi
(A) 8.	Amruth Kumar	"	Amruth
(A) 9.	Sakshi Bhatti	"	Sakshi Bhatti
(A) 10.	Saima Ansari	B.Sc I sem A	Saima Ansari
(A) 11.	Kajal	B.Sc III sem D	Kajal
(A) 12.	Rahul Kumar	B.Sc III rd sem D	Rahul
(A) 13.	Ravindra Kumar	B.Sc III sem D	Ravindra
(D) 14.	Aaryan Dabas	B.Sc III sem A	Aaryan Dabas
(D) 15.	Swati (S.P)	B.Sc III sem (A)	Swati
(D) 16.	Km. Nidhi	B.Sc III Sem (A)	Nidhi
(D) 17.	Ritika	B.Sc III sem (A)	Ritika
(D) 18.	Swati	B.Sc III sem (D)	Swati
(D) 19.	Prishi Saini	B.Sc III sem Bio (A)	Prishi
(D) 20.	Jaypal	B.Sc III sem math (A)	Jaypal
(D) 21.	Mukul Chaudhary	" (Bio A)	Mukul
(D) 22.	Abom Ali	B.Sc III year Bio (A)	Abom Ali
(A) 23.	Sahib	P.Sc V sem maths (C)	Sahib
(A) 24.	Harish Chandra Pandey	B.Sc III sem Bio (B)	Harish
(B) 25.	Vishal Saini	B.Sc III Sem Bio (A)	Vishal Saini
26.	Jasskiran Kaur	BSC I Sem CS	Jasskiran
27.	Harshika	BSC I Sem CS	Harshika
28.	Tanu	B.Sc III sem Bio-A	Tanu
(D) 29.	Anshu Kapil	BSC III sem Bio-A	Anshu Kapil

Date: / /

30.	Pallavi tiku	B.Sc. (Bio-A)	III rd sem	Pallavi	71
31.	Taniya Rathi	B.Sc III rd Sem	(Bio-A)	Taniya	72
32.	Shakshi Bahini	B.Sc III rd Sem	(Bio-A)	Shakshi	73
33.	Saloni Aswal	B.Sc III rd Sem	(Bio-A)	Saloni	74
34.	Neha Chaudhary	B.Sc III rd Sem	(Bio A)	Neha	75
35.	Manjinder Kaur	B.Sc III rd Sem	(BioA)	Manjinder Kaur	76
36.	Roopali Singh	(B.Sc III rd Sem)	BioA	Roopali Singh	77
37.	Tanya Tyagi	(B.Sc III sem)	Bio-A	Tanya	78
38.	Kajal Kumari	(B.Sc III sem)	Bio-A	Kajal	79
39.	Kajal Pal	(B.Sc III Sem)	Bio-A	Kajal	80
40.	Muskan (S.K)	(B.Sc III sem)	Maths A	Muskan	81
41.	Neetu Sharma	(B.Sc III Sem)	Maths(A)	Neetu	
42.	Oshin Srichi	B.Sc III sem	Maths A	Oshin Srichi	
43.	Sandhya Saini	B.Sc III sem	Bio-A	Sandhya	
44.	Khushi Nayal	B.Sc III sem	Bio-A	Khushi	
45.	Bhanu Priya	B.Sc I st sem	Maths A	Bhanu Priya	
46.	Yashasvi Bhandwaj	B.Sc I st sem	Maths A	Yashasvi	
47.	Nandini Agarwal	B.Sc I st sem	Maths A	Nandini	
48.	Shalini	B.Sc II nd year	Maths C	Shalini	
49.	Artee	B.Sc II nd year	Bio-A	Artee	
50.	Pavul	B.Sc II year	math (D)	Pavul	
51.	Ritu	B.Sc II year	maths (A)	Ritu	
52.	Nikita	B.Sc II year	maths (A)	Nikita	
53.	Shikha	B.Sc I year	maths (B)	Shikha	
54.	Aditi Nautiyal	B.Sc III year	Bio-B	Aditi	
55.	Shivangi Sharma	B.Sc III year	Bio-B	Shivangi	
56.	Piya Gay	B.Sc II nd sem	Maths (C)	Piya	
57.	Pinki Singh	B.Sc III rd year	Bio-A	Pinki	
58.	Simra Naaz	B.Sc III rd year	Math (D)	Simra	
59.	Rohiya (M.A.)	B.Sc III rd year	Math (B)	Rohiya	

- | | | | | |
|-----|--------------------|-----------------|-----------------------|--------------|
| 71. | Zainab Afreen | B.Sc (Maths-D) | III rd Sem | Zainab |
| 72. | Reetu | B.S.C (Maths-C) | V th Sem | Reetu |
| 73. | Aditi Chashti | B.S.C-Math(A) | I st Sem | Aditi |
| 74. | Akshita Chauhan | " | " | Akshita |
| 75. | Shivani | " | " | Shivani |
| 76. | Tamisha Chauhan | " | " | Tamisha |
| 77. | Suruchi Joshi | " | " | Suruchi |
| 78. | Sakshi Rani | " | " | Sakshi |
| 79. | Dr. Anshu Rastogi | faculty | | Dr. Anshu |
| 80. | Dr. Naveen Kumar | faculty | | Dr. Naveen |
| 81. | Dr. Nitulash Kumar | " | | Dr. Nitulash |

End of day ①

Day 2

11/10/19 Date: / /

S.No.	Name	CLASS	SIGN	
✓ 1	Rohini Mangewi	B.S.C 3 rd year	Rohini Rohini	29
2	Pinki Singh	B.Sc 3 rd year	Pinki Singh Pinki Singh	30
3	Simra Naz	B.Sc 3 rd year	Simra Naz Simra Naz	31
✓ 4	Upasana Chameli	B.Sc 3 rd year	Upasana Chameli	32
✓ 5	Anu Singh	B.Sc I sem	Anu Singh	33
✓ 6	Kamini	" "	Kamini	34
✓ 7	Rhushboo Saini	B.Sc III Sem	Rhushboo	
✓ 8	Aruna Dhingra	B.Sc III sem	Aruna	35
9	Shikha	B.Sc Ist sem	Shikha	36
✓ 10	Bhanu Priya	B.Sc I st sem	Bhanu Priya	37
✓ 11	YASHASVI BHARDWAJ	B.S.C. I st sem	Yashasvi	38
12	Nagma Ansari	B.Sc. V th sem	Nagma	39
✓ 13	Noor Fatma	B.Sc V th sem	Noor Fatma	40
14	Najma	"	Najma	41
15	Akshita	B.S.C I st sem(A)	Akshita	42
16	Tanisha Chauhan	B.S.C. I st (Sem A)	Tanisha	43
✓ 17	Tanishq	B.S.C I st (sem) C.S	Tanishq ✓	44
✓ 18	Satyam	BSC I (sem) C.S	Satyam	45
19	Ravi	B.Sc II nd year (D)	Ravi	46
20	Mukul Choudhary	" (BioA)	Mukul	47
✓ 21	Sakib Ali	" "	Sakib Ali	48
22	Aryan Sabar	B.Sc I (sem) (BioA)	Aryan Sabar	49
23	Harish Chandra Pantey	B.Sc III sem (BioB)	Harish	50
24	Siddharth Singh	BSC III sem (maths(A))	Siddharth	51
✓ 25	Sahib	B.Sc V sem (maths)	Sahib	52
✓ 26	Aakath	B.Sc V sem (BioB)	Aakath	53
27	Azam ali	B.Sc. V sem (BioA)	Azam Ali	54
28	Vishal saini	B.Sc I sem (Bio A)	Vishal Saini	

29. Jasskiran Kaur B.Sc 1st Sem CS Jasr
30. Harshika B.Sc 1st Sem CS Harshika
31. Neha Choudhary B.Sc IIIrd Sem Bio (A) Neha
32. Shakshi Baluni " " " Shakshi
33. Saloni Aswal " " " Saloni
34. Roopali Singh " " " Roopali Singh
35. Khushi Koyal " " " Khushi
36. Manjinder Kaur " " " Manjinder Kaur
37. Jandhya Saini " " " Jandhya Saini
38. Nikita " " Maths(A) Nikita
39. Meetu Sharma B.Sc. III sem Maths(A) Meetu
40. Muskan (S.R.) B.Sc. III sem Maths(A) Muskan
41. Shivani (M.R.) B.Sc I sem Maths(A) Shivani
42. Kajal Pal B.Sc III sem Bio-A Kajal
43. Tanya Tyagi B.Sc III sem Bio-A Tanya
44. Kajal Kumari B.Sc III sem Bio-A Kajal
45. Shivangi Sharma B.Sc Vth Sem Bio-B Shivangi
46. Aditi Nautiyal B.Sc. Vth Sem Bio-B Aditi
47. Naziya B.Sc Vth Sem Bio-A Naziya
48. Riya B.Sc Vth Sem Maths(A) Riya
49. Keeti B.Sc Vth Sem Math-c Keeti
50. Rabiya (M.A.) B.Sc " Math-B Rabiya
51. Zainab Aqleen B.Sc IIIrd Sem Maths-D Zainab
52. Dr. Arshi Rastogi faculty Arshi
53. Dr. Nitesh Kumari faculty
54. Dr. Yashoda Mittal Principal

Day 3
Attendance

12/10/19

Date: / /

S.No.	Name	Class	Sign	
1.	Najma	B.Sc. V th sem	<u>Najma</u>	30
2.	Nagma Ansari	"	<u>Nagma</u>	31
3.	Naziya	"	<u>Naziya</u>	32
4.	Noori Fatima	"	<u>Noori Fatima</u>	33
5.	Zainab Afreen	B.Sc III rd sem	<u>Zainab Afreen</u>	34
6.	Ravi	B.Sc III rd sem (math)	<u>Ravi</u>	35
7.	Nadeem	B.Sc III sem (Bio B)	<u>Nadeem</u>	36
8.	Harish (Hardra Pandey)	B.Sc III sem (Bio B)	<u>Harish</u>	37
9.	Riya Singh	B.Sc IV sem (Math C)	<u>Riya</u>	38
10.	Rishi	B.Sc V th sem Math (C)	<u>Rishi</u>	39
11.	Manjinder Kaur	B.Sc III rd sem Bio (A)	<u>Manjinder Kaur</u>	40
12.	Khushbu Royals	B.Sc III rd sem Bio (A)	<u>Khushbu</u>	41
13.	Roopali Singh	B.Sc III sem Bio (A)	<u>Roopali</u>	42
14.	Kanishk	B.Sc III sem Bio (A)	<u>Kanishk</u>	43
15.	Aasmeen Ansari	B.Sc V th sem MATH (B)	<u>Aasmeen</u>	44
16.	Shakshi Baluni	B.Sc III rd sem Bio (A)	<u>Shakshi</u>	45
17.	Saloni Aswal	B.Sc III rd sem "	<u>Saloni</u>	46
18.	Neha Chaudhary	" " " "	<u>Neha</u>	47
19.	Muskan (S.K)	B.Sc. III rd sem Math A	<u>Muskan</u>	48
20.	Nikita	B.Sc. III sem Math (A)	<u>Nikita</u>	49
21.	Aditi Nauffyal	B.Sc. III year 5 th sem Bio-B	<u>Aditi</u>	50
22.	Harshika	B.Sc 1 st year C.S	<u>Harshika</u>	51
23.	Jasprit Kaur	B.Sc 1 st year C.S	<u>Jasprit</u>	52
24.	Rohini Mangai	B.Sc V th sem Math (C)	<u>Rohini</u>	53
25.	Qunxa Naaz	B.Sc III rd year Math (C)	<u>Qunxa Naaz</u>	54
26.	Pinky Singh	" " "	<u>Pinky Singh</u>	55
27.	Sahib	B.Sc V sem. math (C)	<u>Sahib</u>	56
28.	Aakash	B.Sc V sem Bio B	<u>Aakash</u>	57
29.	VISHAL SAINI	B.Sc V Sem Bio (F)	<u>Vishal Saini</u>	58

30	Azam Ali	B.Sc. V sem (Bio A)	Azam Ali
31	Jonipal	B.Sc III rd sem (math A)	Jonipal
32	Sahit Saini	B.Sc Ist Sem (Bio A)	Sahit
33	Aniket	B.Sc III sem (math)	Aniket
34	Atul Saini	B.Sc IV V sem (math)	Atul Saini
35	Ankur Nayak	B.Sc IV sem (math)	Ankur Nayak
36	Mukul Choudhary	B.Sc III sem (Bio A)	Mukul
36	Siddharth Singh	B.Sc II nd sem (maths A)	Siddharth
37	Jayant Salay	B.Sc I sem (maths A)	Jayant
38	Abdul Qadir	B.Sc I st sem (maths A)	Abdul
39	Shubham	B.Sc I sem (maths A)	Shubham
40	Aditi Bhardi	B.Sc I sem (maths A)	Aditi
41	Suruchi Joshi	" " "	Suruchi
42	Akshita Chauhan	" " "	Akshita
43	Tanisha Chauhan	" " "	Tanisha
44	Vibhanshu	" " Maths D	Vibhanshu
45	Satyam	" " C.S.	Satyam
46	Shikha	" " Maths (D)	Shikha
47	Kajal Karmari	B.Sc III rd sem Bio A	Kajal
48	Tanya Tyagi	" " "	Tanya
49	Kajal Pal	" " "	Kajal
50	Sandhya	" " "	Sandhya
51	Shweta	B.Sc I sem Bio A	Shweta
52	Anu Singh	B.Sc I sem Maths A	Anu Singh
53	Kamini	" " "	Kamini
54	Bhanu Priya	" " "	Bhanu Priya
55	VASHASVI BHARDWAJ	B.Sc I st sem math	Vashasvi
56	Rakhiya (M.A)	B.Sc V th sem Maths B	Rakhiya
57	Payul	B.Sc III rd sem maths	Payul
57	Shivangi Sharma	B.Sc V th sem Bio	Shivangi

Date: / /

- (58) Sakshi Bhatti B.Sc Isem (Bio 'A') Sakshi Bhatti ①
- (59) Saima Ansari B.Sc Isem (Bio 'A') Saima Ansari ②
- (60) Dr. Anshu Rastogi faculty Dr. Anshu Rastogi ③
- (61) Dr. Mittlesh Kumari faculty
- (62) Dr. Yashoda Mittal faculty & Principal of
- (63) ~~Sahib B.Sc Isem (minors)~~ Sahib 812672 8790
- (64) Azam Ali B.Sc. I sem

Dated: Feb 22, 2020

NOTICE

This is to inform to all the students and the faculty members that
“Heartfulness relaxation- Meditation and life skills programme for youth”
is again going to be organized in the college
tentatively from Feb 26-28, 2020 by Heartfulness U Connect Team, Roorkee
The timing will be from 9am-10am

in view of the response received from students in its earlier programme held on Oct. 10- 12, 2019.

Interested students/ faculty members are required to enroll themselves (Free of Cost) by giving their names to Dr. Vandita Srivastava (Dept. of Physics)
latest by 2:00pm on 24/2/2020

It will develop aspirational values, will help to lead balanced life and contribute to building better world by self-transformation and the society.

*Dr
22/02/2020*

Vandita Srivastava
(Dr. Vandita Srivastava) Dr. Yashoda Mittal
Coordinator of Programme Principal

*Mittal
22.02.2020*

छात्र-छात्राओं को तनाव मुक्ति के बारे में बताया

कार्यशाला

टडवी | हमारे संवाददाता

के.एन.टी.पी.सी. बोर्ड कॉलेज में हाईकुलनेस इंस्टीट्यूट रजिस्ट्री की ओर से आज यहाँ तीन दिवसीय कार्यशाला का आयोजन किया गया। इस दौरान तनाव मुक्ति के बारे में जानकारी दी गई।


26 फरवरी से शुरू हुई कार्यशाला में हाईकुलनेस सिलेक्शन-मेंडेटेशन

एंड एडवोक सिविल सोशल फॉर यूथ के बारे में बताया गया। कोर्दिनेटर डॉ. सुष्मा विभवशर्मा ने अ्यान और मेंडेटेशन के लाभ बताए। कहा कि इससे आंतरिक शक्ति मिलती है और स्टेयर कोर्स काजी मिलती है। कार्यक्रम में डॉ. विमलेका कुमारी, डॉ. विरम भारती, डॉ. ललिता श्रीवांगी, सोमा शैली, रशीद, प्रीति, जयदीप शर्मा, विनयु चौहान ज्येष्ठ मौजूद रहे। प्राध्यापक डॉ. परमेश्वर मिश्र ने विद्यार्थियों को उत्प्रेरित किया।

Kanahiya Lal D.A.V. (P.G.) College, Roorkee

**List of Students and Faculty members who have attended all the sessions of
3day Meditation Workshop
" Heartfulness Relaxation- Meditation & Life Skills Programs for Youth"
organized by
Heartfulness Institute, Roorkee
(Feb.26-28, 2020)**

S.No.	Name	Class	Mob. No.	e-mail Id
1	Aarti Saini	B.Sc. II Sem (PCM)	7668864829	arti3945@gmail.com
2	Abhay Gautam	B.Sc. IV Sem (PCM)	9627190842	abhaygautam22699@gmail.com
3	Akansha Saini	B.Sc. II Sem (PCM)	9568155158	akanshasaini77191@gmail.com
4	Anu Singh	B.Sc. II Sem (PCM)	7900299415	nutan952000@gmail.com
5	Bhaskar Kashyap	B.Sc. IV Sem (PCM)	9411737807	prachisardha015@gmail.com
6	Himanshu Aggarwal	B.Sc. IV Sem (PCM)	8630772450	gargh2875@gmail.com
7	Mudrika Verma	M.Sc.(Physics) II Sem	9990226225	mudrikaverma123@gmail.com
8	Neha Saini	B.Sc. II Sem (PCM)	9990226225	Ns9529635@gmail.com
9	Prashant	B.Sc. VI Sem (PCM)	8394088611	prashantnamiyani@gmail.com
10	Sapan	B.Sc. IV Sem (PCM)	9021345292	sapan1708200@gmail.com
11	Shivangi Dhiman	B.Sc. VI Sem (PCM)	906849051	shivangidhiman08@gmail.com
12	Shubham Kanwasi	B.Sc. IV Sem (PCM)	9997721490	shubhamkanwasi94@gmail.com
13	Simra Naaz	B.Sc. VI Sem (PCM)	7900937789	Malik.simra99@gmail.com
14	Udit Rathi	B.Sc. IV Sem (PCM)	8171719655	uditrathi672000@gmail.com
15	Ms. Seema Saini	Tutor, Physics	9690567013	seemasaini11341@gmail.com
16	Dr. Kiran Bharti	Asst. Prof. Botany	9760852949	kiran.pantnagar@gmail.com
17	Dr. Mithlesh Kumari	Associate Prof. Physics	9411500958	drmithlesh18@gmail.com
18	Dr. Vandita Srivastava	Asst. Prof. Physics	9410561587	vandita61@gmail.com
19.	Dr. Yashoda Mittal	Principal	9412929057	py.m.84anbgca@gmail.com


Dr. Vandita Srivastava
Co-ordinator
Meditation Workshop


Prof. (Dr.) Yashoda Mittal
Principal



कन्हैया लाल डी. ए. वी. स्नातकोत्तर महाविद्यालय, रुड़की Kanahiya Lal D.A.V. Postgraduate College, Roorkee

पोस्ट बाक्स नं० 59, रुड़की-247 667, जनपद-हरिद्वार (उत्तराखण्ड)

प्रेस विज्ञापित

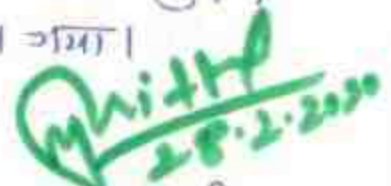
दिनांक 28/2/2020

क्रमांक : के.एल.डी.ए.वी./

राज्य दिनांक 28/2/2020 को के.एल.डी.ए.वी.पी.जी. कॉलेज रुड़की में हार्टफुलनेस इन्सरीट्यूट, रुड़की द्वारा आयोजित तीन दिवसीय कार्यशाळा "हार्टफुलनेस रिलेक्सेशन-मेडिटेशन एंड लाइफ स्टाइल प्रोग्राम फॉर यूथ" का समापन हुआ। 26-28 फरवरी 2020 तक आयोजित इस कार्यक्रम में छात्र-छात्राओं एवं फैकल्टी सभी ने उत्साहपूर्वक भाग लिया।

इस कार्यक्रम में हार्टफुलनेस कैंपस को आर्डीनेटर डा. सुष्मा विलाडकर ने ध्यान अपना मेडिटेशन करने के निम्न लाभों को उल्लेख करते हुए बताया कि इसके आंतरिक शांति प्राप्त होती है शरीर में नई उर्जा का संचरण होता है। व्यक्ति अपनी कमजोरियों को पहचान कर उन्हें दूर कर सकता है तथा अपने व्यवहार में स्वस्थ परिवर्तन महसूस कर सकता है। कार्यशाळा के प्रथम दिन पर तनावमुक्ति के लिए रिलेक्सेशन प्रक्रिया विस्तार पूर्वक बताई गई तथा तत्पश्चात ध्यान कराया गया। दूसरे दिन स्वयं की आंतरिक स्वच्छता किस प्रकार की जाये इसकी जानकारी दी गई तथा ध्यान की अवलोकन उपाय बताया भी कराया गया। कार्यशाळा के तीसरे व अंतिम दिन अंतःकरण से जुड़े कर ध्यान करना सिखाया गया। इस पूरी ध्यान की प्रक्रिया में इस निष्कार को हृदय में स्थापित करने पर बल दिया गया कि ईश्वरीय प्रकाश हमारे स्वयं के अंदर ही निवास है केवल उसे महसूस करने की आवश्यकता है। डा. सुष्मा विलाडकर द्वारा इस प्रक्रिया को आगे जारी रखने पर स्वयं ने बदलाव की बात भी कही गई। इस कार्यक्रम में डा. मिथलेश कुमार, डा. निरुपमा भारती

के तीनों स्तरों में भाग लेकर निवारियों का भी उत्साह बढ़ाया गया उन्होंने सज-धाराओं को मेडिटेशन को अपनी दिनचर्या अभी से समाहित करने की सलाह दी जिससे स्वयं को एक अच्छा इंसान बनाने के साथ-साथ एक बेहतर समाज का निर्माण हो सके जहाँ सभी सहयोग व सौहार्द पूर्ण काम चलाव में रह सके। कार्यशाला में डा. पी.एस. कुलकर्णी ने भी आस्था का लहरोप किया, कार्यशाला को समाधि पर निवारियों ने मेडिटेशन के 16 सप्ताह के सर्टिफिकेट कोर्स को करने की भी इच्छा प्रकट की। इस प्रकार यह कार्यशाला सफलता पूर्वक सम्पन्न हुई। कार्यक्रम का संचालन ज.ब.दत्ता श्रीवास्तव द्वारा किया गया।


28.1.2020
प्राचार्या

ENVIRONMENTAL SUSTAINABILITY THROUGH EDUCATION

Education modifies the human behavior in order to develop citizens who will behave in desirable ways. One of the desirable behavior is responsible citizenship towards environmental awareness. The importance of this goal lies in the interdependence between mankind and the nature. Today's environmental and development problems are not only caused by physical and biological factors in isolation, but that an understanding of the roles played by aesthetic, social, historical, economic, political, and cultural elements is required.

It uses holism as its philosophical basis. It is a highly relevant, action oriented approach which develops environmental values, ethics, socially critical skills and political literacy in an individual. It employs a three fold approach-education-about/in/for the environment. Environmental awareness requires the integration of all these characteristics for a greener economic, social and political society. It not only educates the masses about the natural environment and its problem; but also aims at developing in them the knowledge, attitude and skills necessary to protect the natural balance in environment besides working for its enrichment.

PROGRAMME

- 11:00 AM Kuljeet
- Floral Tribute to (Late) Shri Ishwar Dayal (Founder Principal)
 - Welcome & About the College
- Dr. Yashoda Mittal
 - About ID Lecture Series
- Dr. Vandita Srivastava
 - Presidential Address
- Prof. (Dr.) Gopal Banjan
 - Introduction of Guest Speaker
- Dr. Anshika Bhatt
 - Invited Lecture
- Anand Bardhan, IAS
 - Vote of thanks
- Dr. M.P. Singh
 - National Anthem
- 12:30 PM Refreshment

For any query please contact

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ID LECTURE SERIES ON GROWTH & DEVELOPMENT OF EDUCATION SCIENCE & TECHNOLOGY

In honour of



(Late) Shri Ishwar Dayal
(Founder Principal)

NINTH LECTURE
on

ENVIRONMENTAL SUSTAINABILITY THROUGH EDUCATION

Distinguished Speaker

Mr. Anand Bardhan, IAS
Principal Secretary, Government of Uttarakhand

ON

Friday, September 20, 2019



Est'd. 1960

Kanahiya Lal D.A.V. Post Graduate College
Roorkee-247667, Uttarakhand
Website : kldavpgcr.org

ID LECTURE SERIES

Since the dawn of civilization, man has striven to explain several mysteries of the universe and to justify his existence in it. Significant progress has been made during the last 100 years due to the advancement in science and technology. It has benefitted the mankind in terms of providing comforts, making life easier and faster but the society is paying exorbitant price in terms of falling physical health, mental peace and moral & social values in achieving this remarkable prosperity. Not only this, industrialization had become the major cause of deterioration of environment. It has, thus become the need of the hour to redefine success in the contemporary world which is teemed with cut throat competition. To keep pace with the rapidly changing society, Kanahiya Lal D.A.V. Post Graduate College, Roorkee is making conscientious efforts by organizing Information Dissemination (ID) Lecture Series named after Shri Ishwar Dayal (ID), the Founder Principal of the college, to touch the various spheres of higher education dealing with the burning issues of the society, powerful but peaceful applications of scientific advancements as well as preserving the environment and inculcating moral values in the youth.

Kanahiya Lal D.A.V. Post Graduate College Roorkee

Kanahiya Lal D.A.V. Post Graduate College, Roorkee (Uttarakhand) was established in 1960 by Rai Sahib Kanahiya Lal Ji, a visionary philanthropist of Roorkee. Shri Ishwar Dayal Ji laid the firm foundations of the college as its First Principal in the year 1960. He was the chief source of inspiration and initial feeder of Kanahiya Lal D.A.V. Inter College, Kanahiya Lal D.A.V. Post Graduate College and Kanahiya Lal Polytechnic. He did his graduation in 1934 from Allahabad University, MA (English) in 1936 and LL.B. in 1937 from Lucknow University.

College was started with B.Sc. (Maths) in 1960. Later B.Ed. and B.Sc. (Biology) courses were introduced in 1964 and 1972, respectively. Post Graduate courses in various subjects viz. Mathematics and Chemistry, Zoology, Botany and Physics were started in 2002, 2004, 2005 and 2006, respectively. Besides these courses, B.Sc. (PCM) with computer and B.Sc. (CBZ) with Microbiology are also running since 2008. D.Phil programmes are also available in all the departments and currently Six D.Phil students are enrolled in different disciplines.

The College, accredited as Grade B in Science and B+ in Education by National Assessment & Accreditation Council (NAAC) in the year 2004, is progressing under the able leadership of Prof. (Dr.) Gopal Ranjan (Former Vice-Chancellor, University of Roorkee, presently I.I.T. Roorkee), the President of the College Management Committee. It is a leading Post Graduate Institution affiliated to H.N.B. Garhwal Central University, Srinagar, Garhwal excelling in teaching and research in Science and

Education. Efforts are constantly on to raise the institution



Mr. Anand Bardhan, IAS

Principal Secretary, Govt. Of Uttarakhand
Distinguished Speaker

Mr. Anand Bardhan, Principal Secretary to the Government of Uttarakhand, is a B.Sc. Honors Graduate from Delhi University and second topper in the entire university. He did his Masters in Computer Applications from the same university. He also holds a Post Graduate Diploma in Public Administration from ENA France.

Presently, the Department of Irrigation, Minor Irrigation, Soldier Welfare, Food and Civil Supply, Reorganisation, Mining, Home and Prison are under his able administration. He joined Indian Administrative Services in 1992 and was allotted UP Cadre. He has held several positions as District Magistrate and Collector in areas like Rampur, Itawa, Pauri Garhwal, Nainital and Haridwar. The Maha Kumbh Mela held in Haridwar in 2010 was successfully accomplished under his charge. He has also held several positions in State Government such as Secretary and Department of Planning. He has served in financial institutions and Public Sector undertakings, specifically as Joint Manager Director in UP Cooperative Sugar Factories Federation Limited and General Manager of Uttar Pradesh Financial Corporation. He has served as Counselor in Embassy of India, Abu Dhabi, where he looked after the affairs related to Indian Community in UAE. His interests mainly include reading books, playing badminton and swimming.

Ninth ID Lecture Series held on September 20, 2019



KEYNOTE SPEAKER – Mr. Anand Bardhan, IAS